MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6/26/23	6/27/23	6/28/23	6/29/23	6/30/23
Breakfast-Bagels with cream	Breakfast- Pancakes,	Breakfast- Muffin choices with	Breakfast- Fresh Fruit	Breakfast- Breakfast
cheese and fresh fruit and	sausage and hashbrowns with	canadian bacon and fresh fruit	Smoothies with granola bar,	Sandwiches with fresh fruit,
milk	juice and milk	milk	milk	Milk
Lunch- Mozzarella Cheese Sticks, Spinach salad and strawberries and milk	Lunch- Sandwich Choices Egg salad,Tuna or chicken with carrots and watermelon, milk	Lunch- Chicken Burger with pretzel bun potato wedges and Melon, milk	Lunch- Chicken Caesar wraps or veggies wraps with Kiwi, milk	Lunch-Beef Taco Salad with the choice of cheese, tomatoes, onions and guacamole and pineapple, milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7/3/23	7/4/23	7/5/23	7/6/23	7/7/23
CLUB CLOSED	CLUB CLOSED	Breakfast- French Toast sticks with bacon and berries, milk  Lunch- Macaroni and Cheese with fresh broccoli and kiwi, milk	Breakfast-Biscuits and Gravy with apple half, milk Lunch-Hot Dogs with tater tots and watermelon, milk	Breakfast- Cereal choices with hard boiled egg and fresh fruit choices, milk  Lunch-Pizza Choices with salad with pineapple, milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7/10/23	7/11/23	7/12/23	7/13/23	7/14/23
Breakfast-Bagels with cream cheese and fresh fruit, milk	Breakfast- Pancakes, sausage and hashbrowns with juice, milk	Breakfast- Muffin choices with canadian bacon and fresh fruit, milk	Breakfast- Fresh Fruit Smoothies with granola bar, milk	Breakfast- Breakfast Sandwiches with fresh fruit, Milk
Lunch- Mozzarella Cheese Sticks, Spinach salad and strawberries, milk	Lunch- Sandwich Choices Egg salad,Tuna or chicken with carrots and watermelon, milk	Lunch- Chicken Burger with pretzel bun potato wedges and Melon, milk	Lunch- Chicken Caesar wraps or veggies wraps with Kiwi, milk	Lunch-Beef Taco Salad with the choice of cheese, tomatoes, onions and guacamole and pineapple, milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7/17/23	7/18/23	7/19/23	7/20/23	7/21/23
Breakfast- Breakfast Burritos	Breakfast- Fruit Parfaits with	Breakfast- French Toast sticks	Breakfast-Biscuits and Gravy	Breakfast- Cereal choices with
with fresh fruit, milk	granola on top, milk	with bacon and berries, milk	with apple half, milk	hard boiled egg and fresh fruit
Lunch-Turkey or Ham sub with				choices, milk
lettuce, pickle spear and	Lunch- Carnita Tacos with	Lunch- Macaroni and Cheese	Lunch-Hot Dogs with tater tots	Lunch-Pizza Choices with
choice of tomatoes and	lime cilantro and onions and	with fresh broccoli and kiwi,	and watermelon, milk	salad with pineapple, milk
grapes, milk	Melon, milk	milk		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7/24/23	7/25/23	7/26/23	7/27/23	7/28/23
Breakfast-Bagels with cream	Breakfast- Pancakes,	Breakfast- Muffin choices with	Breakfast- Fresh Fruit	Breakfast- Breakfast
cheese and fresh fruit, milk	sausage and hashbrowns with	canadian bacon and fresh	Smoothies with granola bar,	Sandwiches with fresh fruit,
	juice, milk	fruit, milk	milk	Milk
Lunch- Mozzarella Cheese	Lunch- Sandwich Choices			
Sticks, Spinach salad and	Egg salad,Tuna or chicken	Lunch- Chicken Burger with	Lunch- Chicken Caesar wraps	Lunch-Beef Taco Salad
strawberries, milk	with carrots and watermelon,	pretzel bun potato wedges	or veggies wraps with Kiwi,	with the choice of cheese,
	milk	and Melon, milk	milk	tomatoes, onions and
				guacamole and pineapple,
				milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7/31/23	8/1/23	8/2/23	8/3/23	8/4/23
Breakfast- Breakfast Burritos with fresh fruit, milk Lunch-Turkey or Ham sub with	Breakfast- Fruit Parfaits with granola on top, milk	Breakfast- French Toast sticks with bacon and berries, milk	Breakfast-Biscuits and Gravy with apple half, milk	Breakfast- Cereal choices with hard boiled egg and fresh fruit choices, milk
lettuce, pickle spear and choice of tomatoes and grapes, milk	Lunch- Carnita Tacos with lime cilantro and onions and Melon, milk	Lunch- Macaroni and Cheese with fresh broccoli and kiwi, milk	Lunch-Hot Dogs with tater tots and watermelon, milk	Lunch-Pizza Choices with salad with pineapple, milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8/7/23	8/8/23	8/9/23	8/10/23	8/11/23
Breakfast-Bagels with cream cheese and fresh fruit, milk	Breakfast- Pancakes, sausage and hashbrowns with juice, milk	Breakfast- Muffin choices with canadian bacon and fresh fruit, milk	Breakfast- Fresh Fruit Smoothies with granola bar, milk	Breakfast- Breakfast Sandwiches with fresh fruit, Milk
Lunch- Mozzarella Cheese Sticks, Spinach salad and strawberries, milk	Lunch- Sandwich Choices Egg salad,Tuna or chicken with carrots and watermelon, milk	Lunch- Chicken Burger with pretzel bun potato wedges and Melon, milk	Lunch- Chicken Caesar wraps or veggies wraps with Kiwi, milk	Lunch-Beef Taco Salad with the choice of cheese, tomatoes, onions and guacamole and pineapple, milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8/14/23	8/15/23	8/16/23	8/17/23	8/18/23
Breakfast- Breakfast Burritos	Breakfast- Fruit Parfaits with	Breakfast- French Toast sticks	Breakfast-Biscuits and Gravy	Breakfast- Cereal choices with
with fresh fruit, milk	granola on top, milk	with bacon and berries, milk	with apple half, milk	hard boiled egg and fresh fruit
Lunch-Turkey or Ham sub with				choices, milk
lettuce, pickle spear and	Lunch- Carnita Tacos with	Lunch- Macaroni and Cheese	Lunch-Hot Dogs with tater tots	Lunch-Pizza Choices with
choice of tomatoes and	lime cilantro and onions and	with fresh broccoli and kiwi,	and watermelon, milk	salad with pineapple, milk
grapes, milk	Melon, milk	milk		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8/21/23	8/22/23	8/23/23	8/24/23	8/25/23
CLUB CLOSED				

Menu can be subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Milk Milk, fluid 1 cup (8 fl. oz.) <sup>2</sup>	Milk, fluid 1 cup (8 fl. oz.) <sup>2</sup>	Milk, fluid 1 cup (8 fl. oz.) <sup>2</sup> Breakfast- ½ cup of fruit of	Milk, fluid 1 cup (8 fl. oz.) <sup>2</sup> Breakfast- ½ cup of fruit of	Milk, fluid 1 cup (8 fl. oz.) <sup>2</sup> Breakfast- ½ cup of fruit of
Breakfast- ½ cup of fruit of	Breakfast- ½ cup of fruit of	Vegetable	Vegetable	Vegetable
Vegetable	Vegetable	Lunch-Milk, fluid 1 cup (8 fl.	Lunch-Milk, fluid 1 cup (8 fl.	Lunch-Milk, fluid 1 cup (8 fl.
Lunch-Milk, fluid 1 cup (8 fl. oz.) and ¾ cup of fruit or vegetable	Lunch-Milk, fluid 1 cup (8 fl. oz.) and <sup>3</sup> / <sub>4</sub> cup of fruit or vegetable	oz.) and <sup>3</sup> / <sub>4</sub> cup of fruit or vegetable	oz.) and <sup>3</sup> / <sub>4</sub> cup of fruit or vegetable	oz.) and <sup>3</sup> / <sub>4</sub> cup of fruit or vegetable