

Teens: want more flexibility and options for your time at the Club? No problem! The Teen Room is open from 2-6pm and there is no requirement for you to join any programs unless you choose to. Otherwise you are welcome to use the Computer Lab for homework, hang with friends or simply chillax and play on our various games.

And make sure you don't miss Friday Film Night—each week we'll be showing a new movie release in the Teen Room where our Junior Staff will be selling sodas and popcorn. Perfect chill out at the end of a long week.

Events and Fundraising

Annual Golf Classic— our 21st Golf Classic will happen on Monday October 13th 2014 at Edgewood Golf Course. This is the Club's premier fundraising event and subsidizes membership fees and activities. Individual and Corporate Teams are encouraged so please help us spread the word and raise more money for the Club. More information can be found at www.bgclt.org

Bricks for Kids— have your name or your company name displayed at the Club and gain automatic entry into our Club 25.26. See www.bgclt.org/brickforkids/

Club 25.26—for as little as \$25.26 (less than you spend on coffee in a year) you can help secure the future of the Club. Go to www.bgclt.org/club-25-26 or stop by the Club to show your support for the youth of Tahoe.

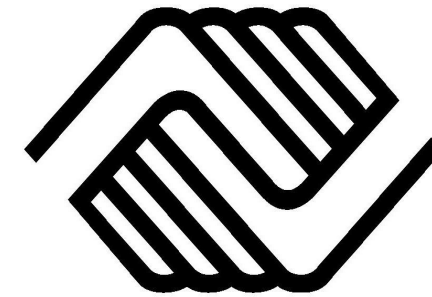
Thank you for your interest in the Boys and Girls Club of Lake Tahoe. Our mission is to provide a positive and safe place for the children and youth of our community and to inspire them to be the best that they can be academically and socially.

GREAT FUTURES START HERE.



BOYS & GIRLS CLUB
OF LAKE TAHOE

The Positive Place For Kids



BOYS & GIRLS CLUB
OF LAKE TAHOE

Fall Program 2014

The Boys and Girls Club of Lake Tahoe is proud to present our Fall Program Schedule. We offer a range of activities to suit all age groups and interests; the majority of which are at no additional cost to our annual membership fee. The Club provides a safe and fun place for your child to go after school where they will have the opportunity to enhance their education, creativity, health and social skills. The Club operates at two sites: Bijou Elementary and our main Al Tahoe Facility. Please check to see which activities are offered at each site. Bijou is open from the end of school until 6pm Monday to Friday. Al Tahoe is open from 2pm to 6.30pm Monday to Friday.

We look forward to having your child as a Member of our Club.

If you have any questions please call us at 530 542 0838 or email us at

info@bgclt.org

1100 Lyons Avenue*South Lake Tahoe*CA 96150*www.bgclt.org

EDUCATION

Club 202— is our ‘study hour’ where members are given the opportunity to complete their assigned school homework. Members from Bijou, Sierra House, Tahoe Valley and the Middle School will complete their study at school before transferring to the Club. Members from other schools will have the option of doing study time at the club.

Time: at school end Days: Mon-Thu Ages: All Cost: Free Locations: school

Extra Help? - Want some additional help with your homework, reading, basic math? Through our OJP mentoring program we can provide extra support during our study hour. Contact info@bgclt.org for more information.

Time: various Days: Mon-Thurs Ages: All Cost: Free Locations: Bijou and Al Tahoe

STEM— Come be inspired by Science, Technology, Engineering and Mathematics. In the Fall semester we will be focusing on geography and at the Al Tahoe site using ‘where in the world is Carmen Sandiego’ to combine technology and IT skills.

Time/Days/Ages/Location 3-4pm Weds Bijou (2nd-5th grade) and 5-6pm Tues (Teens) Weds Al Tahoe (3rd-5th) Cost: Free

The Matheletes— got a passion for math or need to improve your grade? Join this fun program where we make math fun.

Time: 5-6pm Days: Tue and Thur Ages: All Cost: Free Locations: Bijou and Al Tahoe

Story Time— Being read to is essential to the growth of vocabulary and imagination. We will have a daily story time where members can follow the adventures of their favorite characters and discuss the progression of the story.

Time/Days: Thurs 5-6pm Al Tahoe; Mon 4-5pm Bijou (2nd-5th), Thurs 4-5pm (K-1st) Cost: Free

DESIGN AND TECHNOLOGY

Knex—establish a love of technology and create actual working electronics in this fun, hands on class.

Time: 4-5pm Days: Tues Ages: Teens Cost: Free Location: Al Tahoe

Lego Intro —let your imagination fly as you create whole worlds of adventure with our fun Lego kits. The last day of the program we will screen the new Lego movie put our creations on display.

Time: 5-6pm Days: Mon Ages: K-2nd Cost: Free Location: Al Tahoe

Lego Advanced—let’s take Lego to the next level and incorporate electronics and design for junior engineers.

Time: 5-6pm Days: Tue Ages: 3rd-5th Cost: Free Location: Al Tahoe

Project Runway—aspiring fashion designers will be given a creative brief from which they will learn to design a concept, test prototypes, finalize their design and then make it. The end results will be exhibited in a fashion show.

Time: 4-5pm Days: Weds (and free time) Ages: 13+ Cost: Free Location: Al Tahoe

FOOD AND NUTRITION

Club Snack— all members will be provided with a snack during their time at the Club. We also operate a ‘Snack Bar’ as part of our Teen Enterprises. Members working the Snack Bar learn about food prep and hygiene, basic commerce and accountancy in addition to providing their fellow members with delicious and exciting snacks.

Masterchef—our cooking club teaches kitchen safety, basic equipment skills, the art of seasoning, understanding and following recipes, food handling, menu design, shopping lists and many other essential skills for successful, nutritious and safe cooking.

Time/Days/Ages: 4-5pm Mon (Teens)/Fri (3rd-5th); 5-6pm Weds (K-2nd) Cost: \$20 with BGCLT apron Location: Al Tahoe

Triple Play—this BGCA program focuses on mind, body and soul with emphasis upon nutrition and leading a healthy lifestyle.

Al Tahoe—Time/Days/Ages: Tues 5-6pm (3rd-5th) Wed 4-5pm (6th+); Fri 4-5pm (K-2nd) Cost: Free

Bijou—Time/Days/Ages: 4-5pm Tues (2nd-3rd) Weds (K-1st), Thurs (4th-5th) Cost: Free

Personal and Social Development

Junior Volunteers— need extra school credits or simply want to get involved and help your community then Junior Volunteers is perfect for you. Club volunteers help in the kitchen, act as homework buddies and get involved in Club events.

Torch/Builders Club— using the popular programs of both the BGCA and Kiwanis you’ll develop skills that will enable you to become valuable community member with experience in fundraising, budgeting, goal setting and team work. Younger members will be invited to join Peanut Patrol and be a role model for their age group. Time: 4-5pm Days: Mon Ages:6th grade+ Cost: Free Location: Al Tahoe

Debate Club— want to discuss key topics affecting your life and your community? Join our debate club and enjoy visits from guest speakers and hone your language skills as you challenge your beliefs and values in open debate. Ages: 6th grade+ Days: Thurs Cost: Free Location: Al Tahoe

Career Launch —a combination program that focuses on the essential life skills of qualifications and training. Time: 4-5pm Days: Thur Ages: 6th grade + Cost: Free Location: Al Tahoe

Arts and Performance

Junior Picasso— take a journey through the centuries and mediums of fine art. Experiment with different surfaces and techniques to develop a style of your own and produce art work to keep.

Bijou Time/Days/Ages: 4-5pm Tue (K-1st), Weds (2nd-3rd) Thurs (4th-5th) Al Tahoe 4-5pm Tues (6th+); 5-6pm Tues (K-2nd); Thurs (3rd-5th) Cost: Free

Drama Matters— to complement our Story Time program, participants will first hear a story and then bring it to life through drama and performance.

Bijou - Fri 4-5pm (K-1st) Al Tahoe: Fri 5-6pm (K-3rd) Cost: Free

Glee Club—‘want to sing and shout and let it all out’? In this program you’ll combine popular music with instruction in vocal skills, dance and choreography. At the end of the semester the Club will put on a talent show.

Time/Days/Ages: Mon 5-6pm (3rd-5th) Wed 5-6pm (6th+) Cost: Free Location: Al Tahoe

Pinterest Crafts— combine technology and the searching the internet with arts and crafts to create masterpieces.

Al Tahoe—Time/Days/Ages: 2-3pm Weds (6th+); 5-6pm Fri (3rd-5th) Bijou—3-4pm Fri (All) Cost: Free

Sports, Fitness and Physical Activity

Indoor Hockey League— want to have a bit of friendly competition while hanging out with your buddies? Come join our league. In addition to drills and skills training we incorporate competitive games where players earn points towards their Member Championship. Equipment provided and participants receive a team t-shirt. Fall semester will be ages 3rd-5th grade.

Time: 5-6.30pm Days: Mon, Thurs Cost: \$20 Location: Al Tahoe

Junior Crossfit— interested in getting fitter and working out but too young to join a gym? Then join our cross fit sessions. We’ll use body weights and simple equipment to improve your muscle tone, stamina , balance and coordination.

Time: 5-6pm Days: Weds Ages: 6th+ Cost: \$20 (includes workout shirt) Location: Al Tahoe

Yoga— yoga enhances all other physical activities by improving flexibility, strength and balance. It also teaches focus and relaxation.

Time/Days/Ages: Mon 5-6pm (6th) ; Weds 5-6pm (All) Cost: Free Location: Al Tahoe

Outdoor Adventure— want to make the most of living in Tahoe? Aspire to be Bear Grylls? Our outdoor adventure program will cover ropes skills, basic navigation, basic first aid and backpacking skills.

Time: 2.-3.10pm Days: Wed Ages: 6th+ Cost: Free Location: Al Tahoe